



All dishes marked with * are served with Crusty Bread or Flat Bread & will contain GLUTEN. All salad dishes & dishes with side salad will contain GLUTEN, SULPHITES & MUSTARD.

STARTERS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Calamari	X						X							X
Haddock Goujons	X		X	X			X			X				
King Prawns - Garlic*		X					X							
King Prawns - Battered	X	X	X			X	X							
Prawn Cocktail*	X	X	X	X										
Moules Mariniere*	X						X							X
Half Rack of Ribs														
Chicken Wings - Jack Daniels														
Chicken Wings - BBQ														
Chicken Wings - Louisiana Hot												X		
Homemade Soup*	Will vary - see Chef.													
Creamy Garlic Mushrooms*	X						X			X				
Battered Garlic Mushrooms	X		X				X							
Chicken Goujons	X		X				X							
Garlic Bread	X						X							
Potato Skins - Garlic Dip			X											
Potato Skins - BBQ Dip														
Duck Spring Rolls	X					X					X	X		
Nachos - Original							X							
Nachos - Fajita Chicken							X							
Nachos - BBQ Pulled Pork							X							

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PASTA	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Spaghetti Bolognese	X											X		
Lasagne	X		X				X					X		
Tortellini Bolognese	X		X				X					X		
Tortellini Gratanati	X		X				X			X				
Spaghetti Carbonara	X		X				X							
Penne Arrabiata	X						X							
Veggie Arrabiatta	X					X								
Penne Alfredo	X						X							
Penne Con Pollo	X						X	X						
Tagliatelle with King Prawn	X	X	X				X							
Tagliatelle with Salmon	X		X	X			X					X		
PIZZA	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Margherita	X						X							
Calabrese	X						X							
Veggie Pizza	X						X							
Milano	X						X							
Calzone - Bolognese	X						X					X		
Calzone - Tomato	X						X							
Carne	X						X							
Central Park	X						X							
Toscanelle	X						X							

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FAJITAS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Chicken or Beef	X													
King Prawn	X	X												
Mixed	X	X												
Veggie	X													
Sides:														
Salsa														
Guacamole														
Sour Cream							X							
Grated Cheddar							X							
HOUSE SPECIALS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Peppered Chicken	X			X			X					X		
Sicilian Chicken	X	X					X			X		X		
Chicken Diane	X			X			X							
Chicken Henry VIII	X						X			X		X		
Cajun Chicken	X								X					
Chicken & Chorizo Salad	X													
Escalope Parmigiana	X						X	X						
Seabass				X										
Haddock & Chips	X		X	X			X			X				
Moules & Frites*	X						X					X		X
King Prawns - Garlic Butter*	X	X					X							
King Prawns - Battered	X	X	X			X	X							
Cajun Salmon	X			X					X					
Chicken Kiev	X		X				X							
Chargrilled Chicken														

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PARMESANS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Chicken / Pork Parmesan	X		X				X							
Chicken / Pork Hotshot Parmesan	X		X				X							
Chicken or Pork Zacharoff	X		X				X					X		
Chicken / Pork Parmesan & Spag Bol	X		X				X					X		
Chicken / Pork Parmesan & Ribs	X		X				X							
Chicken Marashala	X		X				X							
Pulled Pork Parmesan	X		X				X			X				
<i>Extra Toppings:</i>														
Pepperoni							X							
Mushrooms														
Garlic Butter							X							
Jalapenos														
Chilli														
Peppers														
Onions														

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HANGING KEBABS	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Beef Kebab*												X		
Chicken Kebab - Plain*														
Chicken Kebab - Tikka*														
Halloumi Kebab*							X							
Mixed Kebab*		X										X		
Vegan Kebab*														
Sides:														
Flat Bread	X													
Tzatzki	X						X							
Greek Salad	X						X			X		X		
Sauces:														
Teriyaki	X					X								
Sweet Chilli												X		
Jack Daniels														
Louisiana Hot Sauce												X		
STEAKS	All steaks are served with an onion ring & will contain GLUTEN unless served without.													
Sirloin Steak														
Ribeye														
Fillet Steak														
T-Bone Steak														
Surf & Turf		X					X							

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RIBS & PULLED PORK	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Baby Back Ribs														
Baby Back Ribs & Wings														
BEEF BURGERS														
Classic Burger	X		X				X							
The American Smash	X		X				X			X				
The Truffle Burger	X		X				X			X				
The JD Burger	X		X				X							
CHICKEN BURGERS														
Classic Chicken Burger	X		X				X							
Tennessee Chicken Burger	X		X				X							
Louisiana Chicken Burger	X		X				X			X		X		
Parmo Chicken Burger	X		X				X			X				

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SIDES	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Garlic Bread	X						X							
Giant Onion Rings	X		X				X							
Onion Loaf	X		X				X							
Hotshot Loaded Chips	X						X							
Mushrooms														
Coleslaw			X											
Roasties														
Chunky Chips														
French Fries														
Sweet Potato Fries														
Vegetables														
Mini Salad	X									X		X		
Potato Skins with Sour Cream & Cheese							X							
Crusty Bread (Ciabatta)	X		X				X							
Flat Bread	X													
SAUCES	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Tartare			X							X				
Marie Rose	X		X	X								X		
Teriyaki	X					X								
Tzatziki							X							
Sweet Chilli												X		
Garlic Butter							X							
Plum Sauce														
Jack Daniels														
Peppercorn	X			X			X							
Diane				X		X	X			X		X		
Henry VIII	X						X			X		X		
Mushroom Sauce	X						X			X		X		
CP's Cheese Sauce							X							
Zacharoff Sauce							X					X		
Marashala Sauce	X						X					X		
French Mustard										X				
Louisiana Hot Sauce												X		
BBQ Dip										X				
Mayonnaise			X											
Garlic Mayonnaise			X											
Hoisin Sauce	X					X								
Creole Sauce	X								X					
Guacamole														
Salsa														
Sour Cream							X							
House Vinaigrette	X									X		X		

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CHILDREN'S	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Fish Fingers	X			X										
Chicken Nuggets	X													
Burger	X		X				X							
Sausages														
Margherita Pizza	X						X							
Pepperoni Pizza	X						X							
Ham Pizza	X						X							
Spaghetti Bolognese	X											X		
Lasagne	X		X				X					X		
Penne Carbonara	X		X				X							
Sides:														
Baked Beans														
Fries														
Peas														

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