CAFE CENTRAL PARK BAR & RESTAURANT Est 1979

January 2026

All dishes marked with * are served with Crusty Bread or Flat Bread & will contain GLUTEN.All salad dishes & dishes with side salad will contain GLUTEN & SULPHITES & MUSTARD

	Gluten	Crustacens	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Soya	Honey	Molluscs
STARTERS																
Dough Balls	X						X									
Garlic Bread	X						X									
Potato Skins	MAY CONTAIN TRACES	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES												
Creamy Garlic Mushrooms	X	MAY CONTAIN TRACES		MAY CONTAIN TRACES			X			X				X		
Battered Garlic Mushrooms	X	MAY CONTAIN TRACES	MAY CONTAIN	MAY CONTAIN TRACES			MAY CONTAIN							MAY CONTAIN		
Salt & Pepper Wings	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES	MAY CONTAIN	X		MAY CONTAIN			MAY CONTAIN			X		
Nachos			X				X		X		X	X				
Haddock Goujons	X	MAY CONTAIN TRACES	IN SAUCE	X			MAY CONTAIN			IN SAUCE				MAY CONTAIN		
Garlic King Prawns	BREAD	X		X			X									MAY CONTAIN
Battered King Prawns	X	X	MAY CONTAIN	MAY CONTAIN			MAY CONTAIN							MAY CONTAIN		MAY CONTAIN
Prawn Cocktail	BREAD	X	X	MAY CONTAIN						MAY CONTAIN IN SAUCE						
Moules Marinere	BREAD	MAY CONTAIN		X			X					X				X
Half Rack Of Ribs																
Chicken Wings	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES	X (JD Wings)			X (JD Wings)			MAY CONTAIN	X			X (Buffalo Hot Honey)	
Chicken Goujons	X	MAY CONTAIN TRACES	MAY CONTAIN	MAY CONTAIN TRACES			MAY CONTAIN							MAY CONTAIN		
Halloumi Fries	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES			X									
Chicken Tenders	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES	X (JD Tenders)		X	X (JD Tenders)			MAY CONTAIN	X			X (Buffalo Hot Honey)	
Flowering Onion	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES			X									
Soft Shell Tacos	X		X				X		X		X	X		X		
Corn Ribs							X									
Minestrone Soup	X		X			X	X		X			X				
Dough Balls	X				MAY CONTAIN		X	MAY CONTAIN			MAY CONTAIN					
Angry Fries	X						X									
Salt & Pepper Chips					MAY CONTAIN			MAY CONTAIN			MAY CONTAIN					
Hotshot Loaded Chips	X						X									
Pulled Pork Nachos			X				X		X		X					
Fajita Chicken			X				X		X		X					
SAUCES/TOPPINGS																
Garlic Mayo			X							MAY CONTAIN						
BBQ Sauce																
Hot Chilli																
Tartare Sauce			X							X						
Jack Daniels					MAY CONTAIN			MAY CONTAIN								
Sour Cream							X									
Cerole Sauce	X								X							
Peppercorn Sauce	X		MAY CONTAIN	X		MAY CONTAIN	X		MAY CONTAIN	MAY CONTAIN		X		MAY CONTAIN		
Diane Sauce	X			X			X			X		X				

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	Gluten	Crustacens	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Soya	Honey	Molluscs
Gravy																
Henry 8th Sauce	X						X			X		X				
Katsu Sauce	X					X				X				X		
Sicillian Sauce	X	X		X			X			X		X				
PARMESANS																
Regular Parmesan Base	X		X				X									
Vegetarian Parmesan Base	X		X				X									
Gluten Free Parmesan Base			X				X									
Hotshot Parmesan Topping							X									
Pulled Pork Parmesan Topping																
Zacharoff Parmesan Topping							X					X				
Marashala Sauce Topping	X						X					X				
STEAKS																
Sirloin Steak	ONION RING															
Fillet Steak	ONION RING															
Tomahawk	ONION RING															
T-Bone Steak	ONION RING															
SIDES																
Onion Rings	X	MAY CONTAIN TRACES	MAY CONTAIN	MAY CONTAIN TRACES			MAY CONTAIN							MAY CONTAIN		
Fries	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES												
Roast Potatoes	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES								X				
Chunky Chips	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES								X				
Hash Browns	MAY CONTAIN TRACES															
Vegetables																
Side Salad	X									X						
Coleslaw			X							MAY CONTAIN						
BURGERS																
Beef Patty																
Chicken For Chicken Burgers	X		X				X									
Buns	X		X				X				X			X		
Gluten Free Buns																
Gluten Free Ciabatta										MAY CONTAIN	MAY CONTAIN		MAY CONTAIN	X		
Cheeseburger	X		BUN				BUN			X	X			BUN		
JD Burger	X		BUN		MAY CONTAIN		BUN	MAY CONTAIN		X	X			BUN		
Bacon Cheeseburger	X		BUN				X			X	X			BUN		
Pulled Pork Burger	X		BUN				BUN			X	X			BUN		
Pulled Pork Chicken Burger	X		X				BUN			MAY CONTAIN	X			BUN		

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	Gluten	Crustacens	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Soya	Honey	Molluscs
Oklahoma Burger	X		BUN				BUN				X			BUN		
Black & Blue Burger	X		BUN				X			X	X			X		
Classic Chicken Burger	X		X				BUN			MAY CONTAIN	X			BUN		
CP Special Burger	X		X		X		X			X	X					
Tennessee Chicken Burger	X		X		MAY CONTAIN		X	MAY CONTAIN		MAY CONTAIN	X			BUN		
Vegan Burger	X															
Parmo Burger	X		X				X			MAY CONTAIN	X			BUN		
FAJITAS/DIPS																
Cheese							X									
Sour Cream							X									
Guacomole																
Salsa																
Wraps	X															
Mixed Fajitas	WRAPS	X		MAY CONTAIN			DIPS CONTAIN									MAY CONTAIN
King Prawn Fajitas	WRAPS	X		MAY CONTAIN			DIPS CONTAIN									MAY CONTAIN
Chicken Fajitas	WRAPS						DIPS CONTAIN									
Beef Fajitas	WRAPS						DIPS CONTAIN									
Veggie Fajitas	WRAPS						DIPS CONTAIN									
SAUCES																
Sweet Chilli																
Teriyaki	X				MAY CONTAIN	X		MAY CONTAIN						X		
Peppercorn Sauce	X		MAY CONTAIN	X		MAY CONTAIN	X		MAY CONTAIN	MAY CONTAIN		X		MAY CONTAIN		
Garlic Butter							X									
Blue Cheese Sauce							X									
Jack Daniels Sauce					MAY CONTAIN			MAY CONTAIN								
Tatziki			X				X									
Louisiana Hot Sauce																
Thermidor Sauce	X	X	X	X			X		X	X		X				
Garlic Dip			X							MAY CONTAIN						
PIZZA																
Pizza Base	X															
Marinara Pizza	X															
Margherita Pizza	X						X									
Sicilian Pizza	X						X									
Salami Pizza	X						X									
Calabrese Pizza	X						X									
Veggie Pizza	X						X									
Calzone	X						X							X		
Mortadella Burrata	X						X	X								
Pepperoni Pizza	X						X									
HOUSE SPECIALS																
Cottage Pie	X						X		X			X				

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Beef Short Rib	X						X		X			X				
Chicken A La Creme	X						X			X						
Haddock & Chips	X		IN SAUCE	X			MAY CONTAIN			IN SAUCE				MAY CONTAIN		
Salmon With Mussels	X			X			X			X		X				X
Cajun Chicken	IN SAUCE								IN SAUCE							
Katsu Chicken	X		X			IN SAUCE				IN SAUCE				IN SAUCE		
Chargrilled Chicken	MAY CONTAIN TRACES															
Henry VIII	IN SAUCE						IN SAUCE			IN SAUCE		IN SAUCE				
Sicillian Chicken	IN SAUCE	IN SAUCE		IN SAUCE			IN SAUCE			IN SAUCE		IN SAUCE				
Chicken Diane	IN SAUCE		IN SAUCE	IN SAUCE			IN SAUCE			IN SAUCE		IN SAUCE				
Peppered Chicken	IN SAUCE		IN SAUCE	IN SAUCE			IN SAUCE		MAY CONTAIN	MAY CONTAIN		IN SAUCE		MAY CONTAIN		
Grilled Salmon		MAY CONTAIN		X												MAY CONTAIN
Garlic King Prawns (Main)	BREAD	X		MAY CONTAIN			X			ON SALAD						MAY CONTAIN
Battered King Prawns (Main)	X	X	MAY CONTAIN	X		MAY CONTAIN	MAY CONTAIN			ON SALAD				MAY CONTAIN		
Moules & Frites	BREAD	MAY CONTAIN		MAY CONTAIN			X					X				X
Lobster Roll	X	X	X	MAY CONTAIN			X	X	X	X	X	X				MAY CONTAIN
Lobster		X		MAY CONTAIN			X					X				MAY CONTAIN
Scampi	X	X	IN SAUCE	MAY CONTAIN						IN SAUCE						MAY CONTAIN
PASTAS																
Gluten Free Penne						MAY CONTAIN							X	MAY CONTAIN		
Spaghetti Bolognese	X					MAY CONTAIN				MAY CONTAIN		X		MAY CONTAIN		
Lasagne	X		X			MAY CONTAIN	X			MAY CONTAIN		X		MAY CONTAIN		
Chicken & Chorizo Al Forno	X					MAY CONTAIN	X			MAY CONTAIN						
Tortellini Bolognese	X		X			MAY CONTAIN	X			MAY CONTAIN		X		MAY CONTAIN		
Seafood Tagliatelle	X	X	X	X		MAY CONTAIN	X			X		X		MAY CONTAIN		X
Spaghetti Carbonara	X		X			MAY CONTAIN	X			MAY CONTAIN		X		MAY CONTAIN		
Spaghetti Carbonara (With Halloumi)	X		X			MAY CONTAIN	X			MAY CONTAIN		X		MAY CONTAIN		
Rigatoni Arrabiata	X					MAY CONTAIN				MAY CONTAIN				MAY CONTAIN		
Pollo Rigatoni	X					MAY CONTAIN	X			MAY CONTAIN				MAY CONTAIN		
King Prawn Spaghetti	X	X		X		MAY CONTAIN	X			MAY CONTAIN				MAY CONTAIN		
Rigatoni Alfredo	X					MAY CONTAIN	X			MAY CONTAIN				MAY CONTAIN		
KEBABS																
Beef Fillet Kebab	FLATBREAD															
Chicken Tikka Kebab	FLATBREAD															
Chicken Kebab	FLATBREAD															
Halloumi Kebab	FLATBREAD						X									
Mixed Kebab (Chicken & Beef)	FLATBREAD															
Vegan Kebab	FLATBREAD															
KIDS MENU																
Fish Fingers	X			X												

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Chicken Nuggets	X		MAY CONTAIN				MAY CONTAIN		MAY CONTAIN					MAY CONTAIN		
Beef Burger	X						IF HAS CHEESE									
Sausages																
Kids Margherita Pizza	X						X									
Kids Pepperoni Pizza	X						X									
Kids Ham Pizza	X						X									
Kids Spaghetti Bolognese	X					MAY CONTAIN				MAY CONTAIN		X		MAY CONTAIN		
Kids Lasagne	X		X			MAY CONTAIN	X			MAY CONTAIN		X		MAY CONTAIN		
Kids Carbonara	X		X			MAY CONTAIN	X			MAY CONTAIN				MAY CONTAIN		
Fries	MAY CONTAIN	MAY CONTAIN TRACES	MAY CONTAIN TRACES	MAY CONTAIN												
Beans																
Peas																
DESSERTS																
Bakewell Tart	X		X		MAY CONTAIN		X	X		MAY CONTAIN	MAY CONTAIN			MAY CONTAIN		
Cornflake Tart	X		X				X									
Banana Mctoffee	X						X									
Chocolate Fudge Cake	X		X				X	MAY CONTAIN						X		
Sticky Toffee Pudding	X		X				X							MAY CONTAIN		
Totally Toffee Sundae							X									
Oreo Sundae	X						X							X		
Brownie Sundae	X		X				X							X		
Cheesecake Of The Week	PLEASE SEE STAFF MEMBERS FOR MORE INFORMATION AS DO CHANGE															
Brownie OfThe Week	PLEASE SEE STAFF MEMBERS FOR MORE INFORMATION AS DO CHANGE															
Cookie Dough	X						X							X		
Oreo Cookie Dough	X						X							X		
Biscoff Cookie Dough	X						X							X		
Kinder Cookie Dough	X						X	X						X		
Vanilla Milkshake							X									
Strawberry Milkshake							X									
Chocolate Milkshake							X									
Oreo Milkshake	X						X							X		

Please be aware that although some of our dishes don't contain allergens, they are prepared in an environment where allergens are present and although care is taken to avoid any contamination, allergen traces may be found in any of our dishes.