

CAFE  
*CENTRAL PARK*  
BAR & RESTAURANT  
est. 1979

# SUNDAY LUNCH

12:00 - 3:00 PM



CAFE  
*CENTRAL PARK*  
BAR & RESTAURANT  
est. 1979

**40 YEARS**  
1985 - 2025

## STARTERS

<b>POTATO SKINS (GF)(V)(VE*)</b>	7.50
Crispy fried potato skins, served with garlic <b>OR</b> BBQ dip	
<b>BREAD &amp; OLIVES (V)(VE)</b>	6.95
Focaccia bread and mixed olives	
<b>GARLIC MUSHROOMS (V)</b>	7.95
Button mushrooms in a creamy garlic sauce with crusty bread <b>OR</b> battered mushrooms in garlic butter, served with garlic dip	
<b>CHICKEN TENDERS</b>	8.95
Your choice of BBQ, Jack Daniels <b>OR</b> Buffalo hot honey with blue cheese sauce	
<b>HALLOUMI FRIES (V)</b>	8.95
Halloumi sticks, served with sweet chilli dip	
<b>PRAWN COCKTAIL (GF*)</b>	9.95
Norwegian prawns in Marie Rose sauce, served on a crisp lettuce salad with crusty bread	
<b>GARLIC BREAD (V)(VE*)(GF*)</b>	11.95
Our famous cheese & tomato garlic bread, baked fresh in our pizza oven	

## SUNDAY LUNCH

**All our roasts are served with creamy mash, root mash, roasted carrot, roasted potatoes, seasonal greens, Yorkshire pudding, house pigs in blankets and meat stuffing, finished with gravy.**

<b>ROAST LOIN OF PORK with crackling (GF*)</b>	18.95
<b>ROAST CHICKEN with stuffing (GF*)</b>	18.95
<b>GRAND RESERVE ROAST SIRLOIN OF BEEF (GF*)</b>	20.95
Served pink	
<b>NUT ROAST (V) (GF*)</b>	15.95
Vegetarian Nut Roast with lentils and mixed nuts, served with vegetable gravy	
<b>CHILDREN'S ROAST [under 11's] (GF*)</b>	12.95
Choice of Beef, Pork or Chicken	
<b>TRIO OF MEATS (GF*)</b>	+ 3.00
Cuts of Beef, Pork & Chicken	
<b>CAULIFLOWER CHEESE</b>	3.95

## HOUSE SPECIALS

<b>PEPPERED CHICKEN</b>	18.95
Chicken breast topped with our homemade peppered sauce, served with rice <b>OR</b> roast potatoes	
<b>CHICKEN HENRY VIII</b>	18.95
Chicken breast in a creamy curry sauce with peppers & pineapple, served with rice <b>OR</b> roast potatoes	
<b>CHICKEN DIANE</b>	18.95
Chicken breast topped with a rich red wine, French mustard, onion & mushroom sauce, served with rice <b>OR</b> roast potatoes	
<b>HADDOCK &amp; CHIPS</b>	18.95
Fresh haddock in a homemade batter, fried until golden & served with chunky chips & mushy peas	

## THE HOME OF THE PARMESAN

All our parmesans served with your choice of fries or roast potatoes & salad or vegetables

	Half	Full
<b>ORIGINAL PARMESAN</b> Breadcrumbed chicken breast <b>OR</b> pork fillet, deep fried, topped with bechamel sauce & cheddar cheese	<b>16.95</b>	<b>21.95</b>
<b>HOTSHOT PARMESAN</b> Original chicken <b>OR</b> pork parmesan, finished with pepperoni & jalapenos	<b>17.95</b>	<b>22.95</b>
<b>ZACHAROFF (V*)</b> Breadcrumbed chicken breast <b>OR</b> pork fillet, deep fried & topped with a creamy tomato sauce with garlic, mushrooms, onions & peppers	<b>17.95</b>	<b>22.95</b>
<b>CHICKEN MARASHALA (V*)</b> Breadcrumbed chicken breast topped with cheese & covered in our classic creamy tomato & white wine sauce	<b>17.95</b>	<b>22.95</b>
<b>PULLED PORK PARMESAN</b> Original chicken <b>OR</b> pork parmesan topped with our slow cooked BBQ pulled pork	<b>17.95</b>	<b>22.95</b>
<b>HALF PARMO / HALF PASTA</b> An old favourite! 1/2 parmesan on one side & a pasta of your choice on the other! (Excludes King Prawn Spaghetti)	<b>23.95</b>	
<b>HALF PARMO / HALF RIBS</b> 1/2 parmesan on one side & 1/2 a rack of our tender BBQ ribs on the other make any of the above a hotshot for <b>£1</b> extra make any of the above a gluten free for <b>£2</b> extra	<b>26.95</b>	

## PIZZA ! PIZZA !

<b>MARGHERITA (V)(VE*)</b> San Marzano tomatoes, mozzarella, basil & extra virgin olive oil	<b>14.95</b>
<b>PEPPERONI PIZZA</b> San Marzano tomatoes, mozzarella, pepperoni, basil & extra virgin olive oil make any of the above a gluten free for <b>£1.50</b> extra	<b>16.95</b>

## BURGERS

**Served in a toasted seeded brioche bun with chunky chips**  
(Gluten free buns available)

<b>CLASSIC BEEF BURGER</b> Two handmade 4oz beef patties with lettuce & homemade burger sauce	<b>15.50</b>
<b>CLASSIC CHICKEN BURGER</b> Crispy buttermilk fried chicken topped with lettuce & mayo	<b>15.50</b>

**Add bacon and cheese on the above burgers for **£2.50****



## THE SMOKING OVEN

Our house speciality from the oak burning smoke pit

Half slab Full slab

### BABY BACK RIBS

Tender pork ribs smoked low & slow, smothered in BBQ sauce

16.95 23.95

### RIBS & WINGS

Half rack of tender pork ribs, smothered in BBQ sauce, served with a portion of chicken wings

22.50

Choose two sides to compliment your dish

coleslaw

loaded potato skins

pulled pork

[ cream cheese & cheddar topping ]

fries

roast potatoes

corn on the cob

onion rings

## STEAKS FROM THE CHARGRILL

All served with your choice of fries or roast potatoes & salad or vegetables & a crispy onion ring

### SIRLOIN [300g / 10oz]

Cut from the large back muscle - juicy & flavoursome with some marbling, leaner than the ribeye with a fuller flavour than the fillet. A great all-rounder! Prime aged for 21 days

29.95

### FILLET [300g / 10oz]

Cut from the lower middle back - the fillet muscle does the least work, providing the most tender, lean cut with a smooth texture & very little fat. Prime aged for 21 days

35.95

### T-BONE [26g / Big appetite required]

A well-marbled cut from the short loin - this cut consists of two meaty, tender steaks (tenderloin & strip), connected by the infamous T-shaped bone. All the flavour of a sirloin with the tenderness of a fillet  
Please allow time for the cooking of this steak

38.95

GO SURF & TURF : 3 Succulent King Prawns with garlic butter for £9.95

## SAUCES

PEPPERCORN SAUCE : £3.95

DIANE SAUCE : £3.95

JACK DANIELS SAUCE : £3.50

HENRY VIII SAUCE : £3.95

GARLIC BUTTER : £3.95

LOUISIANA HOT SAUCE : £3.50

CAFE  
*CENTRAL PARK*  
BAR & RESTAURANT  
EST 1979

PLEASE MAKE YOUR SERVER AWARE IF YOU HAVE ANY ALLERGIES! OUR COMPREHENSIVE ALLERGEN LIST CAN BE VIEWED ON REQUEST. DISH DESCRIPTIONS DO NOT LIST EVERY INGREDIENT & DUE TO THE PRESENCE OF NUTS ON THE PREMISES, NUT TRACES MAY BE FOUND IN ANY DISH.  
ALL WEIGHTS DENOTED ARE APPROXIMATE AT UNCOOKED WEIGHT.  
ALL PRICES INCLUDE VAT AT 20%.

333-337 LINTHORPE ROAD, MIDDLESBROUGH, TS5 6AA  
WWW.CAFECENTRALPARK.COM