



All dishes marked with * are served with Crusty Bread or Flat Bread & will contain **GLUTEN**. All salad dishes & dishes with side salad will contain **GLUTEN & SULPHITES & MUSTARD**

All Allergens For Dishes	Gluten	Crustacens	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Soya	Honey	Molluscs
Starters																
Skins	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES												
Creamy Garlic Mushrooms	X	MAY CONTAIN TRACES					X			X						
Battered Garlic Mushrooms	X	MAY CONTAIN TRACES		MAY CONTAIN TRACES			X									
Calamari	X	MAY CONTAIN TRACES		X			X									
Salt & Pepper Wings	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES	X	X					X			X		
Nacho's						X	X									
Haddock Goujons	X	MAY CONTAIN TRACES		X			X									
Garlic King Prawns	BREAD	X		X			X									
Battered King Prawns	X	X		X			X									
Prawn Cocktail	BREAD	X		X												
Moules Marinere	BREAD			X			X					X				X
Half Rack Ribs																
Chicken Wings	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES	X (JD Wings)			X (JD Wings)			X (JD Wings)					X (Buffalo Hot Honey Wings)
Chicken Goujons	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES			X							X		
Halloumi Fries	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES			X									
Chicken Tenders	X		X		X (JD Tenders)		X	X (JD Tenders)			X (JD Tenders)					X (Buffalo Hot Honey Tenders)
Flowering Onion	X		X				X									
Loaded Skins							X									
Baked Camembert	X (Bread)						X									
Salt & Pepper Calamari	X			X		X					X					
SAUCES/TOPPINGS																
Garlic Mayo			X							X						
BBQ Sauce																
Sweet Chilli																
Hot Chilli																
Tartare Sauce	X		X				X			X						
Salsa												X				
Guacamole												X				



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Jack Daniels					X			X								
Sour Cream							X									
Cerole Sauce	X							X								
Pulled Pork(Nachos)																
Fajita Chicken(Nachos)																
PARMESANS																
Regular Parmesan Base	X		X				X									
Vegetarian Parmesan Base	X		X				X									
GF Parmesan Base			X				X									
Hotshot Parmesan Topping							X									
Pulled Pork Parmesan Topping																
Zacharoff Parmesan Topping							X					X				
Marashala Parmesan Topping	X						X					X				
STEAKS/SAUCES																
Sirloin Steak																
Fillet Steak																
Ribeye Steak																
T-Bone Steak																
Peppercorn Sauce	X		X	X			X		X	X		X		X		
Diane Sauce	X			X			X			X		X				
Blue Cheese							X									
Garlic Butter							X									
SIDES																
Onion Rings	X	MAY CONTAIN TRACES		MAY CONTAIN TRACES												
Hotshot Chips	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES			X									
Fries	MAY CONTAIN TRACES															
Roast Potatoes	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES												
Chunky Chips	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES												
Hash Browns	MAY CONTAIN TRACES															
Vegetables																
Side Salad	X									X						



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Chicken Tikka	BREAD															
Halloumi Kebab	BREAD						X									
Mixed Kebab	BREAD	X														
Vegan Kebab	BREAD															
SAUCES																
Sweet Chilli																
Teriyaki						X			X	X		X		X		
Peppercorn Sauce	X		X	X		X						X		X		
Garlic Butter							X									
Jack Daniels					X			X								
Tatziki			X				X									
Louisiana Hot Sauce																
Garlic Dip			X							X						
PIZZA																
Pizza Base	X															
Garlic Pizza	X						X									
Margherita Pizza	X						X									
BBQ Base	X															
Gluten Free Base										X				X		
BBQ Sauce For Pizza																
TOPPINGS																
Basil																
Bolognese																
Peppers																
Onion																
Mushrooms																
Pepperoni							X									
Ham																
Nduja																
Chicken																
Fajita Chicken																
SAUCES/HOUSE SPECIALS																



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Peppercorn Sauce	X		X	X		X	X		X	X		X		X		
Diane Sauce	X			X			X			X		X				
Gravy																
Henry VIII	X						X			X		X				
Katsu	X					X	X			X				X		
Sicillian		X		X			X			X		X				
Cerole Sauce	X								X							
HOUSE SPECIALS																
Seabass		X		X			X					X				
Haddock & Chips	X		X	X			X			X				X		
Salmon with Mussels	X			X			X					X				X
Cajun Chicken	SAUCE							SAUCE								
Katsu Chicken	X		X			SAUCE	X			SAUCE				SAUCE		
Chargrilled Chicken	MAY CONTAIN TRACES									MAY CONTAIN TRACES						
Henry VIII	SAUCE						SAUCE			SAUCE		SAUCE				
Scillian Chicken	SAUCE	SAUCE		X			SAUCE			SAUCE		SAUCE				
Chicken Diane	SAUCE			SAUCE			SAUCE			SAUCE						
Peppered Chicken	SAUCE		SAUCE	SAUCE			SAUCE		SAUCE	SAUCE				SAUCE		
Scampi	X	X														
King Prawns Main(Garlic Butter)	BREAD	X		X			X			X						
King Prawns Main(Battered)	X	X		X						X						
PASTAS																
Tagliatelle Pasta(Raw)	X		X			X				X				X		
Lasagne Sheets(Raw)	X		X			X				X				X		
Spaghetti (Raw)	X					X				X				X		
Penne	X									X				X		
Tortellini	X		X			X				X				X		
Gluten Free Penne													X			
Spaghetti Bolognese	X					X				X				X		
Tortellini Bolognese	X		X			X				X				X		
Lasagne	X		X			X	X			X				X		
Tortellini Gratitanti	X		X			X	X			X		X		X		



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Spaghetti Carbonara	X		X			X	X			X				X		
Spaghetti Carbonara - Halloumi	X		X			X	X			X		X				
Penne Alfredo	X						X			X				X		
Chicken & Chorizo Al Forno	X						X							X		
Spicy Nduja	X						X							X		
Pollo Fungi	X						X							X		
King Prawn Spaghetti	X	X	X	X		X	X					X				

Please be aware that although some of our dishes don't contain allergens, they are prepared in an environment where allergens are present and although care is taken to avoid any contamination, allergen traces may be found in any of our dishes.