



All dishes marked with \* are served with Crusty Bread or Flat Bread & will contain **GLUTEN**. All salad dishes & dishes with side salad will contain **GLUTEN & SULPHITES & MUSTARD**

All Allergens For Dishes	Gluten	Crustacens	Eggs	Fish	Peanuts	Soybeans	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Soya	Molluscs
<b>Starters</b>															
Skins	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES											
Creamy Garlic Mushrooms	X	MAY CONTAIN TRACES					X			X					
Battered Garlic Mushrooms	X	MAY CONTAIN TRACES		MAY CONTAIN TRACES			X								
Calamari	X	MAY CONTAIN TRACES		X			X								
Salt & Pepper Wings	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES	X	X					X			X	
Nacho's						X	X								
Haddock Goujons	X	MAY CONTAIN TRACES		X			X								
Garlic King Prawns	BREAD	X		X			X								
Battered King Prawns	X	X		X			X								
Prawn Cocktail	BREAD	X		X											
Moules Marinere	BREAD	X		X			X					X			
Half Rack Ribs															
Chicken Wings	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES											
Chicken Goujons	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES			X							X	
Halloumi Fries	X	MAY CONTAIN TRACES	X	MAY CONTAIN TRACES			X								
<b>SAUCES/TOPPINGS</b>															
Garlic Mayo			X							X					
BBQ Sauce															
Sweet Chilli															
Hot Chilli															
Tartare Sauce	X		X				X			X					
Salsa												X			
Guacamole												X			
Jack Daniels					X			X							
Sour Cream							X								
Cerole Sauce	X							X							



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Pulled Pork(Nachos)															
Fajita Chicken(Nachos)															
<b>PARMESANS</b>															
Regular Parmesan Base	X		X				X								
Vegetarian Parmesan Base	X		X				X								
GF Parmesan Base			X				X								
Hotshot Parmesan Topping							X								
Pulled Pork Parmesan Topping															
Zacharoff Parmesan Topping							X					X			
Marashala Parmesan Topping	X						X					X			
<b>STEAKS/SAUCES</b>															
Sirloin Steak															
Fillet Steak															
Ribeye Steak															
T-Bone Steak															
Peppercorn Sauce	X		X	X			X		X	X		X		X	
Diane Sauce	X			X			X			X		X			
Blue Cheese							X								
Garlic Butter							X								
<b>SIDES</b>															
Onion Rings	X	MAY CONTAIN TRACES		MAY CONTAIN TRACES											
Hotshot Chips	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES			X								
Fries	MAY CONTAIN TRACES														
Roast Potatoes	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES											
Chunky Chips	MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN TRACES											
Hash Browns	MAY CONTAIN TRACES														
Vegetables															
Side Salad	X									X					







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Pepperoni							X								
Ham															
Nduja															
Chicken															
Fajita Chicken															
<b>SAUCES/HOUSE SPECIALS</b>															
Peppercorn Sauce	X		X	X		X	X		X	X		X		X	
Diane Sauce	X			X			X			X		X			
Gravy															
Henry VIII	X						X			X		X			
Katsu	X					X	X			X				X	
Sicillian		X		X			X			X		X			
Cerole Sauce	X								X						
Seabass				X			X								
Haddock & Chips	X		X	X			X			X				X	
Cajun Salmon	SAUCE			X				SAUCE							
Cajun Chicken	SAUCE							SAUCE							
Katsu Chicken	X		X			SAUCE	X			SAUCE				SAUCE	
Chargrilled Chicken	MAY CONTAIN TRACES									MAY CONTAIN TRACES					
Henry VIII	SAUCE						SAUCE			SAUCE		SAUCE			
Scillian Chicken	SAUCE	SAUCE		X			SAUCE			SAUCE		SAUCE			
Chicken Diane	SAUCE			SAUCE			SAUCE			SAUCE					
Peppered Chicken	SAUCE		SAUCE	SAUCE			SAUCE		SAUCE	SAUCE				SAUCE	
King Prawns Main(Garlic Butter)	BREAD	X		X			X			X					
King Prawns Main(Battered)	X	X		X						X					
<b>PASTAS</b>															
Tagliatelle Pasta(Raw)	X		X			X				X				X	
Lasagne Sheets(Raw)	X		X			X				X				X	
Spaghetti (Raw)	X					X				X				X	



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Penne	X									X				X	
Tortellini	X		X			X				X				X	
Gluten Free Penne													X		
Tagliatelle Bolognese	X		X			X				X				X	
Tortellini Bolognese	X		X			X				X				X	
Lasagne	X		X			X	X			X				X	
Tortellini Gratitanti	X		X			X	X			X				X	
Spaghetti Carbonara	X		X			X	X			X				X	
Penne Arrabidata	X		X							X				X	
Penne Alfredo	X						X			X				X	
Penne Con Pollo	X						X			X				X	
King Prawn Tagliatelle	X		X	X		X	X			X				X	
Salmon Tagliatelle	X		X	X		X	X			X				X	

Please be aware that although some of our dishes don't contain allergens, they are prepared in an environment where allergens are present and although care is taken to avoid any contamination, allergen traces may be found in any of our dishes.